The Eight Principles of a Montessori Education

1) **Movement and Cognition**: Movement and cognition are closely entwined, and movement can enhance thinking and learning.

2) **Choice**: Learning and well-being are improved when people have a sense of control over their lives.

3) **Interest**: People learn better when they are interested in what they are learning.

4) **Extrinsic Rewards are Avoided**: Tying extrinsic rewards to an activity negatively impacts motivation to engage in that activity when the reward is withdrawn.

5) **Learning From and With Peers**: Collaborative arrangements can be very conducive to learning.

6) **Learning in Context**: Learning situated in meaningful contexts is often deeper and richer than learning in abstract contexts.

7) **Respectful Teacher-Child Interaction**: Particular forms of adult interaction are associated with more optimal outcomes.

8) **Order in Environment and Mind**: Order in the environment is beneficial to children.